

**TYRIE PRIMARY SCHOOL
ABERDEENSHIRE COUNCIL**

**Anti-Bullying Policy:
Bullying Prevention and Management
for Tyrie School**



**Initiated October 2023
Reviewed October 2026**

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Tyrie School Stance

'Bullying of any kind is unacceptable and must be addressed quickly. Bullying should never be seen as a typical part of growing up.'

(Respect for All: The National Approach to Anti-Bullying for Scotland's Children and Young People 2017).


Bullying at school can have a profound effect on children's lives and can have a lasting effect on them into adulthood. It can undermine their self-esteem and self-confidence and often result in them becoming bullies themselves.

Bullying in any form is intolerable and unacceptable. Parents/carers, pupils and teachers have a responsibility to work in partnership to maintain a high standard of behaviour and an environment free from bullying behaviour. Aberdeenshire Council believes that everyone should be treated equally and with respect. In order to prevent and/or deal with instances of bullying all Aberdeenshire schools adhere to the principles of GIRFEC.

All staff in Tyrie School take action to promote positive, respectful relationships ensuring equality and diversity and children's rights are at the forefront of our school culture and ethos.

Tyrie Vision, Values and Aims

Our school vision, values and aims underpin our school ethos and further sets the context for this policy.

<u>Our Vision</u>	<u>Our Values</u>
<p>At Tyrie School we aspire to be a learning community which provides a safe, caring, and nurturing environment in which learners can achieve and believe in their full potential. Learners are supported in developing their confidence to have the skills required to meet the challenges of the future.</p>	<div data-bbox="900 1361 1142 1621"></div> <p>Safe Teamwork Achieving Respectful Successful</p>
<u>Our Aims</u>	
<p>Rights Respecting Behaviour is promoted. Achieve the best outcomes for each child. Include everyone so all feel valued and respected. Nurture confident, independent individuals who embrace lifelong learning. Build on and promote learning for sustainability. Open communication allows all voices to be heard. Welcome opportunities to celebrate social and cultural diversity.</p>	

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Definition

In accordance with Scotland's National Anti-Bullying Service; 'Respectme', Aberdeenshire Council Education and Children's Services define bullying as the following:

'Bullying is both behaviour and impact; the impact is on a persons capacity to feel in control of themselves. This is what we term as their sense of 'agency'. Bullying takes place in the context of relationships; it is behaviour that can make people feel hurt, threatened, frightened and left out. This behaviour happens face to face and online.'
Respect for All: The National Approach to Anti-Bullying for Scotland's Children and Young People 2017.

A further exemplification of bullying from the same document states that bullying behaviour:

'can harm people physically or emotionally and, although the actual behaviour may not be repeated, the threat may be sustained over time, typically by actions, looks, messages, confrontations, physical interventions, or the fear of these.'

Respect for All: The National Approach to Anti-Bullying for Scotland's Children and Young People 2017.

This behaviour can include:

- name calling, teasing, putting down or threatening and intimidating by racist, homophobic or sexist remarks.
- hitting, tripping, pushing, kicking.
- taking and damaging belongings.
- ignoring, excluding, spreading rumours.
- sending abusive messages electronically, e.g. via text, emails or social networking sites.
- making people feel like they are being bullied or fearful of being bullied.
- targeting someone because of who they are or who they are perceived to be.

We cannot underestimate the impact of bullying on a child and how it can affect relationships and families as well as their education.

'A child that is bullied will not feel safe, included or their respected and their wellbeing will be affected. A child that is bullied and those causing bullying, may have wellbeing needs and these needs should be assessed and supported using the eight indicators of wellbeing – Safe, Healthy, Achieving, Nurtured, Active, Respected, Responsible and Included.'

Respect for All: The National Approach to Anti-Bullying for Scotland's Children and Young People 2017.

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Prevention

Tyrie Behaviour Blueprint supports our approach to preventing bullying in our school by promoting positive relationships and ensuring a restorative approach is embedded in our ethos.



Pro-active strategies to help decrease the incidence of bullying include:

- Anti-bullying days/weeks taking on board issues raised in school, locally or nationally
- Assemblies led by Pupil Council
- Curriculum for Excellence – Health and Wellbeing experienced and outcomes
- GIRFEC - SHANARRI
- Partnership with parents, outside agencies and wider community
- Internet safety programmes
- Play Leader roles in the playground
- Regular opportunities available for parents/carers to obtain information on school systems and strategies relating to bullying and how to respond in a supportive and appropriate manner.
- Pupils, parents/carers and teachers are made aware of support available beyond school (e.g. Childline, Samaritans, Police Scotland, Parentline).
- Access to training and key information for staff is provided.

'It is important for children and young people to discuss how they feel and help them develop resilience to manage their relationships. We know that children and young people will fall out and disagree with each other as they form and build relationships. Early intervention and prevention are key elements of an approach focuses on ensuring we get it right for all of our children and young people.'

Respect for All: The National Approach to Anti-Bullying for Scotland's Children and Young People 2017.

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Communication

Communication is at the heart of prevention strategies and responses to incidents of bullying behaviour. This includes:

- Anti-bullying policies are shared with and are accessible to pupils and parents/carers.
- Timescales and methods for ongoing communication are negotiated on a case by case basis to ensure that the needs of pupils are met. Communication is used to build relationships and in the early identification of further or ongoing difficulties.
- Regular contact is in place with parents/carers of pupils affected by bullying behaviour in the initial weeks after issues have been identified and worked through.
- Progress is maintained and that effective communication is used to build relationships and identify further ongoing difficulties.
- Raising awareness of bullying through GIRFEC, the curriculum and sharing the policy.
- All stakeholders are involved in the consultation process to ensure that the policy meets the needs of the school.

Response

Tyrie School will promote consistency of response to instances of bullying behaviour using the 6-step approach:

- Record the incident.
- Discuss with the individuals involved through clear and honest dialogue.
- Discuss with parents – again ensuring good communication systems are in place.
- Use Restorative Approaches.
- Monitor the situation.
- Review and increase response accordingly.

Reporting and Monitoring

Tyrie School will ensure that instances of bullying are recorded and monitored by:

- Using the Bullying & Equalities (B&E) module within SEEMIS Click+Go will to record incidents of bullying in Tyrie School.
- Ensuring that positive relationships are in place so that pupils feel safe and confident to report instances of bullying.
- Ensuring all pupils will be aware of the Aberdeenshire ICT Responsible User Agreement.
- Involving the Pupil Council in leading assemblies to highlight issues involved with bullying.
- Reviewing Anti-Bullying policy and practice every three years.